KSRE 2016 ANNUAL CONFERENCE
The K-State Research and Extension annual conference is October 25-27 in the K-State Union. Registration opens at 9:00 a.m. on the second floor concourse. For more information on this year’s conference, go to http://www.ksre.k-state.edu/employee_resources/annualconference/index.html

DISCUSSION ON MANAGING ACADEMIC ANXIETY
Feeling anxious about exams, papers, or other assignments? Learn how to manage and cope with stress or anxiety related to academic assignments and performance at 4:00 p.m. October 25 in 13 Leasure Hall. The presentation will highlight both short-term and long-term tips to help you improve productivity and perform your best. Join from PC, Mac, Linux, iOS or Android, or iPhone one-tap, U.S. Toll, at +16465588656, 886565385# or +14086380968, 886565385#. Or join by phone at +1 646 558 8656, U.S. Toll, or +1 408 638 0968, U.S. Toll. Meeting ID: 886 565 385.

CVs/RESUMES FOR GRADUATE STUDENTS EVENT TODAY
The Career Center invites graduate students to explore the process of creating a curriculum vitae or resume at CVs/Resumes for Grad Students at 4:00 p.m. October 25 in the Berney Family Welcome Center Theater. CVs/Resumes for Grad Students is an event tailored to help graduate students learn how to start, create and use a CV or resume to market themselves to potential employers.

FACULTY/STAFF: OPEN ENROLLMENT FOR HEALTH BENEFITS ENDS OCTOBER 31
Be sure to make your elections for 2017 health, dental and vision coverage by October 31. Log into HRIS as you do to review your paycheck and choose Employee Self Service. Navigate to the Benefits section and select Health Insurance Enrollment. You may need to re-enter your eID and password.

If you are adding a dependent:

- Choose “Add Family Member” in the Member and Family tab.
- Enter the dependent’s information.
- Upload the supporting documentation required for proof of dependency.

Select the Enrollments and Events tab then choose "Launch Enrollment" and follow the prompts to make your selections for 2017 coverage. Save the enrollment confirmation to your computer for documentation of 2017 coverage. Log out of the Member Portal. If you have any questions, email benefits@k-state.edu for assistance.

NO CHANGES IN GTA/GRA/GA HEALTH INSURANCE FOR PREMIUM YEAR 2017
Graduate research assistants (GRA), graduate teaching assistants (GTA) and graduate assistants (GA) will continue to be offered health insurance through the Kansas Board of Regents Graduate Health Insurance for academic year 2017-2018.

In a Frequently Asked Questions document provided Friday, October 21, the Departments of Health and Human Services (HHS), Labor (DOL) and the Treasury stated that they have extended the permission of institutions of higher education to continue offering subsidized student health insurance coverage to their graduate students under Student Health Insurance Plans (SHIPs). The agencies extended the relief until further guidance is issued.

Graduate Students appointed in a 0.5 FTE GRA, GTA, or GA position will continue to be offered health insurance through the Kansas Board of Regents graduate student insurance plan. The University currently pays 75% of the premium contribution toward this insurance plan and will continue to be able to do so for the next plan year, starting August 1, 2017. Kansas State University is pleased to be able to continue to provide health insurance to these students through the KBOR health insurance.
ALL-UNIVERSITY CAMPAIGN
Show your pride in K-State by contributing to the All-University Campaign. Participation is the goal! For more information on the campaign, go to http://www.found.ksu.edu/auc/index.html. The campaign ends on November 18.

GOT YOUR FLU VACCINATION YET?
The flu vaccine walk-in clinic at Lafene Health Center is held Mondays-Fridays, 8:30-11:30 a.m. and 1:00-4:00 p.m., for students, faculty and staff; no appointment necessary! Be sure to take your student or staff ID card and insurance information. The cost is $22 for students and $25 for nonstudents, but is covered by most insurance companies. Call 785-532-6544 if you have any questions about the vaccine.

THOUGHT FOR THE DAY
“Press on. Obstacles are seldom the same size tomorrow as they are today.”
--Robert Schuller

LOOKING AHEAD:
Oct 24-November 18 – Enrollment for Spring 2017
Oct 28 – Last day to drop a regular session course
Nov 2 – Research and the State, 1:00-3:00 p.m., K-State Student Union Courtyard
Nov 3 – COE fall faculty meeting, 3:00 p.m., 1109 Engineering Hall
Nov 21-23 – Student holiday
Nov 24-25 – University holiday
Dec 2 – COE K-State 2025 Update w/General Myers and Provost Mason, 3:45-5:00 p.m., 1109 Engineering Hall
Dec 9 – Fall 2016 term ends
Dec 9 – Engineering Graduate Student Commencement Reception - TBA
Dec 9 – Graduate School Commencement
Dec 10 – Undergraduate Commencement
Dec 12-16 – Finals Week
Dec 20 – Deadline (5:00 p.m.) for submitting term final grades into KSIS; (4:00 p.m. if through KSOL)
Dec 21 – Final grades available in KSIS

Please submit your news and travel information to Barb Moore bjmoore2@ksu.edu