



FARM SAFETY CHECK

Heat Related Illness Safety Checklist

Farming is a profession where much of the work occurs outside and because of that farm workers can be exposed to extreme temperatures. Summer heat and humidity are vigorous weather conditions farm workers must face. To protect themselves, farm workers should be prepared, educated, and take the proper safety precautions to prevent heat related illnesses.

You and/or your employee(s) can use this form to complete safety checks on your farm. Use the form below to list safety checks you think are important when inspecting your farm. Keep the completed forms for follow-up, future reference and inspections. Additional copies of this form can be downloaded at: <http://umash.umn.edu/umash-farm-safety-check/>

Potential Hazard	Yes	Needs Correction	Date Corrected or Notes
Have all farm workers had training to prevent, recognize and treat heat related illness?	<input type="checkbox"/>	<input type="checkbox"/>	
Is there a plan for adjusting work schedules to ensure workers have sufficient breaks to prevent over-exerting themselves?	<input type="checkbox"/>	<input type="checkbox"/>	
Is there access to shade or cool resting locations?	<input type="checkbox"/>	<input type="checkbox"/>	
Is there a plan in place to have water readily available for the workers?	<input type="checkbox"/>	<input type="checkbox"/>	
Are workers being encouraged to drink one cup of water every fifteen to twenty minutes?	<input type="checkbox"/>	<input type="checkbox"/>	
Can workers explain their location if they need to seek medical attention?	<input type="checkbox"/>	<input type="checkbox"/>	
Are workers being acclimatized? In other words, are workers gradually increasing their exposure time in hot environmental conditions over a 7-14 day period?	<input type="checkbox"/>	<input type="checkbox"/>	
Are workers encouraged to watch out for one another for heat related illness symptoms?	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	

Name of person completing safety check: _____ Date completed: ___/___/___

For additional Farm Safety Check forms and resources, visit: <http://umash.umn.edu/umash-farm-safety-check/>

The Upper Midwest Agricultural Safety and Health Center (UMASH) is a Center of Excellence in Agricultural Disease and Injury Research, Education, and Prevention funded by NIOSH cooperative agreement U54OH010170.